



COUNSELING PSYCHOLOGY PROGRAM

Weekend Program Academic Calendar 2024-2026

Weekend cohorts attend classes 14 weekends per year (approximately one weekend per month) and, in the first year only, one evening per week. Each weekend class includes Friday from 6pm-10pm, Saturday 9am-6:45pm, and Sunday 9am-5:45pm, with breaks built in.

Fall Semester, September - December 2024

Diagnosis &
Empirically Supported
Treatments (3 units)

Wednesday 6pm-9pm
Sep 4 - Dec 18

No class Nov 27

Counseling Theories
& Techniques (3 units)

Sep 20-22 &
Oct 18-20

Individual & Family
Development (3 units)

Nov 8-10 &
Dec 6-8

Spring Semester, January - April 2025

Multicultural
Awareness &
Sensitivity (3 units)

Wednesday 6pm-9pm
Jan 8 - Apr 23

No class Jan 29

Common Therapeutic
Factors (1.5 units)

Jan 10-12

Research Based
Practice (3 units)

Feb 7-9 &
Mar 7-9

Family Therapy I:
Traditional (3 units)

Mar 28-30 &
Apr 25-27

Summer Semester, May - August 2025

Community Mental
Health (3 units)

Wednesday 6pm-9pm
May 7-Aug 13

No class July 2

Child & Adolescent
Counseling (1.5 units)

May 16-18

Family Therapy II:
Postmodern (3 units)

Jun 6-8 &
Jun 27-29

Clinical Assessment
& Measures (3 units)

Jul 18-20 &
Aug 8-10

Year One

We are committed to offering a program that enables students to earn their degree within two years. Unfortunately, this means that we must sometimes schedule class during holidays. If attending class will limit your ability to celebrate a holiday of religious or cultural significance, please notify your course instructor and the Dean of Students in advance of your absence so accommodations can be made. Please note that students may miss no more than 6 hours of a 3-unit course or 3 hours of a 1.5-unit course.



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Fall Semester, September - December 2025

MFT Professional Development Seminar (1 unit)

Tues 6-9:30pm
Aug 12
Sept 9
Oct 7
Nov 11
Dec 9

Group Counseling (3 units)

Sep 5-7 &
Sep 26-28

Family Violence & Protection (1.5 units)

Oct 24-26

Law & Professional Ethics (3 units)

Nov 14-16 &
Dec 12-14

Practicum (2 units)

20-24 hours per week, typically during weekdays

Spring Semester, January - April 2026

MFT Professional Development Seminar (1 unit)

Tues 6-9:30pm
Jan 13
Feb 10
Mar 10
Apr 7

Aging & Long-Term Care (1.5 units)

Jan 9-11

Addictions & Substance Use Counseling (3 units)

Jan 30-Feb 1 &
Feb 20-22

Crisis, Disaster, & Trauma Counseling (3 units)

Mar 13-15 &
Apr 10-12

Practicum (2 units)

20-24 hours per week, typically during weekdays

Summer Semester, May - August 2026

MFT Professional Development Seminar (1 unit)

Tues 6-9:30pm
May 12
Jun 9
Jul 7
Aug 4

Sexual & Gender Health & Dev. (1.5)

May 1-3

Couples & Intimate Partner Counseling (1.5)

May 29-31

Psychopharm. & the Biological Bases of Behavior (3 units)

Jun 26-28 &
Aug 7-9

Practicum (2 units)

20-24 hours per week, typically during weekdays

Year Two

Comprehensive Exam, Fall 2026

Commencement, Fall 2026