



COUNSELING PSYCHOLOGY PROGRAM

Weekend Format Academic Calendar 2027-2029

Weekend cohorts attend classes 14 weekends per year (approximately one weekend per month) and, in the first year only, one evening per week. Each weekend class includes Friday 6pm-10pm, Saturday 9am-6:45pm, and Sunday 9am-5:45pm, with breaks built in. Dates are subject to change.

Fall Semester, September - December 2027

Diagnosis &
Empirically Supported
Treatments (3 units)

Wednesday 6pm-9pm
Sep 8-Dec 15

No class Nov 24

Counseling Theories &
Techniques (3 units)

Sep 17-19 &
Oct 8-10

Individual & Family
Development I
(3 units)

Oct 29-31 &
Nov 19-21

Common Therapeutic
Factors I (1.5 units)

Dec 10-12

Spring Semester, January - April 2028

Multicultural
Awareness &
Sensitivity (3 units)

Wednesday 6pm-9pm
Jan 12-Apr 12

Common Therapeutic
Factors II (1.5 units)

Jan 7-9

Group Counseling
(3 units)

Jan 28-30 &
Feb 18-20

Family Therapy I
(3 units)

Mar 17-19 &
Apr 7-9

Summer Semester, May - August 2028

Law & Professional
Ethics (3 units)

Wednesday 6pm-9pm
May 3-Aug 9

No class July 5

Individual & Family
Development II
(3 units)

May 12-14 &
Jun 9-11

Clinical Assessment &
Measures (3 units)

Jul 14-16 &
Aug 4-6

Year One

We are committed to offering a program that enables students to earn their degree within two years. Unfortunately, this means that we must sometimes schedule class during holidays. If attending class will limit your ability to celebrate a holiday of religious or cultural significance, please notify your course instructor and the Dean of Students in advance of your absence so accommodations can be made. Please note that students may miss no more than 6 hours of a 3-unit course or 3 hours of a 1.5-unit course.



COUNSELING PSYCHOLOGY PROGRAM

Weekend Format Academic Calendar 2027-2028

Fall Semester, September – December 2028

MFT Professional
Development
Seminar (1 unit)

Community
Mental Health
(3 units)

Family Therapy II
(3 units)

Practicum
(2 units)

20-24 hours per
week, typically
during weekdays

Spring Semester, January – April 2029

MFT Professional
Development
Seminar (1 unit)

Research Based
Practice
(3 units)

Addictions &
Substance Use
Counseling
(3 units)

Psychopharm. &
the Biological
Bases of Behavior
(3 units)

Practicum
(2 units)

20-24 hours per
week, typically
during weekdays

Summer Semester, May – August 2029

MFT Professional
Development
Seminar (1 unit)

Crisis, Disaster, &
Trauma
Counseling
(3 units)

Individual &
Family
Development III
(3 units)

Optional Career
Counseling
Elective (3 units)

Practicum
(2 units)

20-24 hours per
week, typically
during weekdays

Year Two

Comprehensive Exam, Fall 2029

Comencement, Fall 2029