

The Wright Institute Students of Color Group presents...

18th annual Multicultural Symposium

Community Care

All events (except the hike) will be on Zoom. Join any event using this link:
<https://wright.zoom.us/j/85970871029>

- Schedule of events -

Friday

April 22

4:30-6:30pm

PIP Student Presentations

High school students from this year's PIP cohort will present their Psychology research projects.

RSVP here
(bit.ly/MCS22PIP)

Saturday

April 23

11:00am-1pm

Taking time to fill our cup: An immersive practice of Meditation

Learn to nurture personal and collective resilience and healing, especially during a time of collective trauma.

Friday

April 29

5:30-6:30pm

Community Care in Action with Dr. Briscoe-Smith

Come develop a shared meaning of community care and discuss techniques, tools, and barriers to community care.

Saturday

April 30

6:00-8:00pm

Open Mic Night

Listen to creatives share their best work.

Interested in performing?
Register here
(bit.ly/MCS22openmic)

Sunday

May 1

10:00am-1:00pm

Wellness Hike & Picnic

Join the WI community for a hike through Joaquin Miller Park followed by a picnic.

Lunch provided
RSVP here by 4/20
(bit.ly/MCS22hike)



Speaker Bios

Dr. Allison Briscoe-Smith

Dr. Briscoe-Smith earned her undergraduate degree from Harvard University. She then received her clinical psychology Ph.D. from University of California Berkeley. She then went on to continue her specialization in trauma and ethnic minority mental health through internship and postdoctoral work at University of California San Francisco/San Francisco General Hospital. She has combined her love of teaching and advocacy by serving as a professor and by directing mental health programs for children experiencing trauma, homelessness or foster care. Much of her work has been with schools, as a clinician, consultant and trainer. Currently she is the Director of Diversity, Equity and Inclusion at the Wright Institute where she is a professor. She provides consultation and training to bay area non profits and schools on how to support trauma informed practices and cultural accountability. Learn more at <http://www.drbriscoesmith.com>.

Psychology Internship Program

Psychology Internship Program (PIP) partners with local high schools in the Bay Area to provide internships to enhance the students' awareness and knowledge about higher education, graduate school training, and career options in clinical psychology. Through a culturally affirming mentorship model, PIP aims to increase the number of historically underrepresented students in higher education and in the field of psychology.

Amy Ma

Amy Ma earned her B.A. in International Relations, East Asian Studies at the University of Wisconsin, Madison and is currently a doctoral student in clinical psychology at the Wright Institute. Amy has over 15 years of business experience in the hospitality, healthcare and non-profit industries. She continues to work as a consultant at the Garrison Institute, not-for-profit, non-sectarian organization exploring the intersection of contemplation and engaged action in the world. While at Garrison, Amy managed and executed programs and retreats for many leaders of the industry including Mind & Life Institute, Search Inside Yourself Leadership Institute, Naropa University, and worked with Western teachers including Jack Kornfield, Sharon Salzberg, Krishna Das, Dr. Dan Siegel and Rupert Spira and many Eastern spiritual teachers. During the pandemic, she developed programs at the Garrison Institute to bring contemplative practice to specific marginalized populations including creating programs serving the BIPOC community offering guided meditation practice led by respected meditation teachers. In addition, she created a program dedicated to supporting seniors during the COVID pandemic, that has served over 3,000 people by way of meditation, breath work and connection.