

# WORKING WITH SHAME IN PSYCHOTHERAPY AND PSYCHOLOGICAL ASSESSMENT



## 2-DAY IN PERSON WORKSHOP

SEPTEMBER 19 & 20, 2025 | 9:00AM – 4:00PM PACIFIC

Don Tatzin Community Hall | 3491 Mount Diablo Blvd, Lafayette, CA

### DESCRIPTION

Shame is now recognized as one of the most significant and common experiences clients face in psychotherapy and psychological assessment. However, few mental health professionals receive direct training in how to effectively address shame with their clients. In this two-day intensive workshop, Dr. Stephen Finn will review current research on shame, present a theory grounded in interpersonal neurobiology, and explore its clinical applications. He will share video recordings—featuring himself and other clinicians from the Therapeutic Assessment Institute—demonstrating work with clients around shame. Additionally, Dr. Finn will teach four specific, effective interventions designed to help clients heal from shame. Throughout the workshop, participants will engage in small-group role plays to practice these interventions. However, at no point will personal issues be directly exposed. Finally, Dr. Finn will discuss shame in clinicians, and how it both limits our effectiveness and gives us empathy for our clients.

### LEARNING OBJECTIVES

- Describe contemporary psychobiological theories of shame and summarize current research findings on the topic
- Explain several methods of assessing shame in clinical practice
- Identify and interpret signs of shame in their clients
- Implement four evidence-based interventions to help clients recover from shame
- List the most common coping mechanisms against shame
- Identify and develop self-awareness of their own shame responses

### LEARNING LEVEL: ALL LEVELS

This workshop is useful for psychologist new to the field, with limited and extensive experience in the field.

### ABOUT THE PRESENTER

Stephen E. Finn, Ph.D., founder of the Center for Therapeutic Assessment, is a licensed clinical psychologist in practice in Austin, TX, a Clinical Associate Professor of Psychology at the University of Texas at Austin, Senior Researcher and Director of Training at the European Center for Therapeutic Assessment at Catholic University of Milan, Italy, and Director of Training at the Asian-Pacific Center for Therapeutic Assessment in Tokyo, Japan. He has published 100+ articles and chapters on psychological assessment, psychotherapy, and other topics in clinical psychology, and is the author of multiple books, including *In Our Clients' Shoes: Theory and Techniques of Therapeutic Assessment* (Erlbaum, 2007). In 2011 Dr. Finn was awarded the Bruno Klopfer Award from the Society of Personality Assessment for distinguished lifetime contributions to the field of personality assessment. In 2017 he received an award from Section IX (Assessment) of the Society for Clinical Psychology (Division 12 of APA) for Distinguished Scientific Contributions to Assessment Psychology. In 2018, Dr. Finn was given the Carl Rogers Award for Distinguished Contributions to the Theory and Practice of Humanistic Psychology from the Society for Humanistic Psychology (Division 32 of APA). He travels internationally teaching about Therapeutic Assessment, shame, epistemic trust, and other topics in clinical psychology.



STEPHEN E. FINN, PHD

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75% REFUND. NO REFUNDS PAST THAT  
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Please contact us in advance if  
you require special  
accommodations on the day of  
the workshop.

Email: Hadas Pade with  
registration questions at  
hpade@wi.edu.



**CE Credits: 12 CE Hours (MUST ATTEND BOTH DAYS IN FULL TO RECEIVE CE CREDIT)**

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