

## BRIEF THERAPEUTIC ASSESSMENT WITH ADULTS

**Instructor: Stephen E. Finn, PhD**

**2 Day Workshop - Live via Zoom**

**Session I:** January 10, 2024 from 6:30pm - 8:00pm

**Session II:** February 14, 2024 from 6:30pm – 8:00pm

**General Admission:** \$20 for each session

**Free for paid CAABA Members**

**To become a member:**

<https://www.caaba.info/caaba-members>

**Free for current Wright Institute Faculty,  
Students & Staff**

Must register with wi.edu email  
to qualify for free spot.

**SESSION I  
REGISTER BY:**  
JAN 9, 2024



Scan or Click QR Code

**SESSION II  
REGISTER BY:**  
FEB 13, 2024



Scan or Click QR Code



**CE Credits: 3 CE hours (1.5 each day)**

The Wright Institute is approved by the American Psychological Association (APA) to offer continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

### **Course Level: Introductory**

This workshop is useful for psychologists new to the field. This workshop is primarily for psychologists; psychology students/trainees may also attend.

### **Description:**

Therapeutic Assessment (TA) and Collaborative Assessment (CA) are short-term interventions utilizing psychological assessment to help clients and significant people in their lives understand and address persistent life challenges. The effectiveness of C/TA has been substantiated in over 40 controlled research studies and more than 100 published cases. In this two-part workshop series, Dr. Finn will outline and showcase an empirically supported concise TA model for adult clients, encompassing two to four 60-minute sessions. The objective is to enable clinicians to utilize a condensed TA approach in situations where 1) there's a high demand for services, 2) clients have limited financial resources, and/or 3) a complete TA isn't feasible due to other constraints. These presentations will also highlight how TA is adaptable and suitable for diverse client backgrounds. As TA prioritizes respect, humility, and collaboration with clients throughout the assessment process, it holds the potential to empower disadvantaged clients and foster positive perceptions of mental health professionals.

### Session I:

Dr. Finn will delve into the research surrounding brief TA for adults, exploring its structure, core objectives, and guiding principles. He will subsequently concentrate on the primary step of this concise TA approach: the Initial Session. Here, he'll review its goals and specific techniques, offering insights through video demonstrations featuring his interaction with an actual client.

### Session II:

Dr. Finn will discuss and demonstrate the second and third phases of brief TA: the Extended Inquiry involving a standardized test and the Summary/Discussion Session. He will outline the objectives and specific techniques for each phase, providing visual demonstrations through videos showcasing his interactions with an actual client.

(Written consent from the client has been obtained, permitting the use of these videos for training.)

Learning Objectives from Session I	Learning Objectives from Session II
<ul style="list-style-type: none"><li>• Summarize the research findings concerning Collaborative/Therapeutic Assessment;</li><li>• List the procedural steps involved in brief Therapeutic Assessment;</li><li>• Explain how Therapeutic Assessment is suitable for diverse clients.</li></ul>	<ul style="list-style-type: none"><li>• Describe the goals of Extended Inquiries;</li><li>• Explain the significance of scaffolding in Therapeutic Assessment (TA);</li><li>• Explain the objectives of Summary/Discussion Sessions;</li></ul>

### Presenter:

**Stephen E. Finn, Ph.D.**, founder of the Center for Therapeutic Assessment, is a licensed clinical psychologist in practice in Austin, Texas, USA, a Clinical Associate Professor of Psychology at the University of Texas at Austin; Honorary Professor at the Universidad Abierta Interamericana in Buenos Aires, Argentina; Senior Researcher and Director of Training at the European Center for Therapeutic Assessment at Catholic University of Milan, Italy; and Director of Training at the Asian-Pacific Center for Therapeutic Assessment in Tokyo, Japan. He has published 90+ articles and chapters on psychological assessment, psychotherapy, and other topics in clinical psychology, and is the author of *In Our Clients' Shoes: Theory and Techniques of Therapeutic Assessment* (Erlbaum, 2007), which has been translated into Italian, Japanese, Korean, French, Portuguese, and Spanish. The latest books Dr. Finn has co-authored are *Therapeutic Assessment with Children: Enhancing Parental Empathy Through Psychological Assessment* (2022, Routledge) and *Therapeutic Assessment with Adults: Using Psychological Assessment to Help Clients Change* (2022, Routledge). Dr. Finn has won numerous awards for his work on Therapeutic Assessment, including the Bruno Klopfer Award in 2011 from the Society of Personality Assessment for distinguished lifetime contributions to the field of personality assessment and the Carl Rogers Award in 2018 for an outstanding contribution to theory and practice of humanistic psychology from the Society for Humanistic Psychology (Division 32 of the American Psychological Association).

---

**Please contact us in advance if you require special accommodations on the day of the event.**

The Wright Institute Continuing Education Program does not receive any commercial support for any of our programs.