



# Suicide: Development of Risk and Effective Treatment

Lisa Firestone, PhD

Saturday, November 13, 2021

9:00am – 12:00pm PST

Live via Zoom

Please register by November 11, 2021: <https://www.wi.edu/continuing-education>  
(Zoom info will be emailed the day before the event.)

## Free for The Wright Institute Community

Staff, Faculty, Students, Practicum and Internship Training Directors/Supervisors/Post Docs  
(serving WI Practicum and Internship Trainees)

**General Public: \$75, Non-WI Students: \$30, Alums: \$45**

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## CE Credits: 3 CE Hours

The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

## Course Level – Intermediate:

This course is suitable for psychologists with limited experience in the field.

## Workshop Description:

Suicide is the most common psychological emergency that therapists will encounter, and it is on the rise. For mental health professionals with an active clinical practice, suicide is an occupational hazard that can be both emotionally and practically devastating. Recent research has identified suicide-specific therapies that are effective in treating both suicidal ideation and behavior. Most therapists are not aware of them, nor have they been trained in them, so most suicidal clients do not receive these potentially lifesaving treatments.

This course will begin by exploring developmental roots of suicide and draw from interviews of suicide attempt survivors. The core features of empirically validated approaches will be presented and how they address the developmental issues involved. Participants will understand the elements of empirically validated treatments that are fast becoming the standard of care.

## After completing this workshop, participants will be able to:

- Describe the developmental trajectory for suicide
- List innovative and effective suicide therapies that will allow clinicians to be more effective with suicidal clients
- Explain the role of attachment in suicide
- Describe the core features of suicide therapies that work

## Instructor Bio:

Lisa Firestone, PhD, is a Clinical Psychologist in private practice and the Director of Research and Education at the Glendon Association and senior editor at PsychAlive. Since 1987, she has been involved in clinical training and applied research in the areas of suicide and violence. Her research resulted in the development of four assessments: the Firestone Assessment of Self-destructive Thoughts (FAST), Firestone Assessment of Suicide Intent (FASI), The Firestone Assessment of Violent Thoughts for Adults and Adolescents (FAVT). Dr. Firestone is the co-author of “Self Under Siege”, “Conquer Your Critical Inner Voice”, “Creating a Life of Meaning and Compassion” and “Sex and Love in Intimate Relationships” as well as numerous articles and chapters. Dr. Firestone is a national and international speaker on the topics of suicide, violence and family relations; she is also the producer of the Glendon Association training films on suicide and violence.



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Please contact us in advance if you require special accommodations on the day of the event.

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