



THE WRIGHT INSTITUTE'S

Continuing Education Program, Black Student Union and Fireside Chats Present

Special Guest:
MATTHEW LAW
ACTOR, WRITER,
DIRECTOR, PRODUCER
<https://www.trueimmersive.org>



DECEMBER 7, 2023
5:30PM – 8:00PM PACIFIC
5:00PM REFRESHMENTS/REGISTRATION
THE WRIGHT INSTITUTE
2728 DURANT AVENUE
BERKELEY, CALIFORNIA

TRUE

BLACK MEN'S MENTAL HEALTH

Instructors:



Gregory Gayle, PsyD



Anu Orebiyi, MA, LMHC

FREE EVENT

Register by:
November 28, 2023

SCAN OR CLICK QR CODE



Join us for an insightful cinematic experience that delves into the complexities of Black men's mental health. Through compelling films, we shed light on black men's struggles and resilience in today's society.

Meet the talented filmmaker, Matthew Law, and gain valuable insights into the creative process and inspiration behind his impactful films. Participate in meaningful conversations about challenges, stigmas, and strengths that shape the mental well-being of Black men.

The instructors will lead discussions on how to better support Black men's mental health, whether you're a clinician, or community member. Discover how to cultivate a supportive community that advocates for change and deepens our understanding of Black men's mental health. Participants will enhance their ability to provide culturally humble care and support, ultimately making a positive impact.

CE Credits: 2.5 CE Hours

The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.



CALIFORNIA LMFTs, LCSW, LEPS, & LPCCs:

State of California Board of Behavioral Sciences (BBS) no longer approves continuing education providers. All providers have been removed from the provider list. As a replacement the board now accepts courses completed from a provider that has been approved by a number of different agencies. The Wright Institute is approved by the APA. This courses is accepted for continuing education credit by the California Board of Behavioral Sciences.

LEARNING OBJECTIVES:

After completing this workshop, participants will be able to:

- Describe key factors that influence Black men's mental health within the U.S.
- Compare the different experiences that Black men experience in comparison to their counterparts within society.
- Discuss the various socio-cultural factors that intensify the challenges of Black male clinicians.

LEARNING LEVEL: INTERMEDIATE

This workshop is useful for psychologist with limited experience in the field.

BIOGRAPHIES:

Matthew Law is a rising figure in the world of multimedia entertainment. Born in Yakima Washington and raised in Seattle, Law, an exceptional actor, writer, producer, and director, has earned distinction throughout his young career. He also makes his mark as an activist who uses his platform to advocate for critical societal issues.

An alumnus of Loyola Marymount University's School of Film and Television, Law has continually demonstrated his unparalleled knack for storytelling across various platforms. Due to the SAG strike, he can't speak on the wide range of movies and TV shows he's been in, but unique to each role, Law consistently displays his range and depth as a creator of characters.

As an award-winning filmmaker, Law has been recognized for his signature blend of detailed production and sharp direction. Under his brand of VILLAGE & LP, he champions the creation of profound and inventive films and live theatrical content that challenges the status quo. His accolades acknowledge the quality of his work, but they also serve as a testament to his commitment to his craft.

Notably, his series "True Story - God Tells Bad Jokes" stands as a flagship project. The second episode, which Law created, wrote, and directed, has the distinguished honor of qualifying for the 2024 Oscars after winning the Pan African Film Festival as Best Short Film. The series also anchors "TRUE: An Immersive Cinematic Experience", an original live event in Los Angeles that spotlights the importance of mental health counseling by portraying the nuanced narrative of Dr. Daniel Stone and his diverse clients.

Matthew Law resonates as a powerhouse of creativity and advocacy in the ever-evolving multimedia landscape. Grounded in authenticity and driven by a responsibility to relay powerful, impactful stories, his mark on the industry is indelible.

Gregory Gayle, PsyD is a licensed psychologist who practices on Pill Hill in Oakland. He is the founder of Core Insights Psychological Group where he employs postdoctoral Fellows as Psychological Associates, as well as contracts with licensed psychologists throughout the East Bay. Core Insights provides access to quality mental health services to diverse clients from all walks of life, by accepting their health insurance.

Dr. Gayle earned his doctoral degree from the Wright Institute in 2012. Dr. Gayle’s dissertation was titled, “Black Man’s Burden: An Interpretative Phenomenological Analysis of How Pervasive Negative Stereotypes in the Media Affect the Psychology of African American Men”. After graduating, he served as the Wright Institute’s Licensing Coordinator for two years.

Dr. Gayle also holds a Masters degree in Education from St. Xavier University in Cincinnati. Dr. Gayle is a licensed teacher in California, where he worked as an elementary school and middle school teacher for 11 years before attending the Wright Institute.

Dr. Gayle’s clinical training includes working as a Psychological Assistant with Paul T. Guillory, Ph.D. & Associates, while at the same time, working as a Registered Psychologist for the Carl B. Metoyer Center for Family Counseling.

Dr. Gayle’s training experience also includes working as a Postdoctoral Fellow in the IOP (Intensive Outpatient) Dept. at Highland Hospital of Alameda Health System in Oakland, CA. Dr. Gayle completed his Predoctoral internship at AgeSong Institute, an assisted living community for elders in the Bay Area. Prior to graduation, he also provided psychotherapy for clients at Marin Health and Human Services (Child and Family Services), the Berkeley CBT Clinic, and the Wright Institute Clinic.

Anu Orebiyi, MA, LMHC, is a mental health practitioner, who received her M.A. in Counseling Psychology at The Seattle School of Theology and Psychology in 2009 and her M.A. in Clinical Psychology at the Wright Institute in 2021. In addition, Anu is pursuing a PsyD in Clinical Psychology at the Wright Institute and is a licensed mental health counselor (LMHC) in WA State. Anu is passionate about working within/alongside marginalized communities and in increasing equitable access to mental health supports both to and within marginalized communities. As a result throughout her 15+ years working as a clinician, Anu has worked with a wide variety of individuals within a variety of settings including working in a sub-acute facility with kids experiencing significant trauma and behavioral difficulties, in multiple school settings, in-home both with kids diagnosed with autism spectrum disorder and their families and with individuals 55+ struggling with depression, in an agency providing specialized case management for African American elders who were 65+, in the Wright Institute's In-house Clinic, and with UCSF Benioff Children's Hospital's Center for the Vulnerable Child (CVC)'s Support to Enhance Early Development Program (SEED). Anu has also worked alongside the University of Washington’s Health Promotion Research Center in researching the efficacy and dissemination of their in-home depression counseling program across diverse populations and continues to proactively dedicate herself towards the increased efficacy of and access to mental health services across diverse populations. Currently, Anu is completing her pre-doctoral internship with Wright Institute’s Integrated Health Psychology Training Program working at LifeLong Medical Center’s William Jenkins Center, an outpatient primary care clinic in Richmond, CA.

Please contact us in advance if you require special accommodations on the day of the event.

The Wright Institute Continuing Education Program does not receive any commercial support for any of our programs.

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