



**DEEP ROOTS:**  
Attachment & Culture,  
Emotionally Focused Therapy  
with African American Couples

FEATURING:

**Paul T. Guillory, PhD**

Saturday, February 25, 2023

9:00am - 1:00pm PST

Live via Zoom

Register by: February 22, 2023  
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**Free for The Wright Institute Community**

Staff, Faculty, Students, Practicum and Internship Training Staff/Supervisors/Post Docs  
(serving WI Practicum and Internship Trainees)

**General Public: \$100, Non-WI Students: \$40, Alums: \$60**

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**CE Credits: 4 CE Hours**

The Wright Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Wright Institute maintains responsibility for this program and its content.

**DESCRIPTION:**

In this workshop, Dr. Paul T. Guillory will demonstrate the powerful effectiveness of using both an EFT map for working with romantic bonds and using a model of race-matters to enhance clinical attunement and attachment love with Black couples. Race is typically treated as a demographic category; by extension, the internal working model of racial identity is a clinical blind spot. In Dr. Guillory's book, "Emotionally Focused Therapy with African American Couples", Dr. Guillory suggests that therapists work most effectively with Black couples when they have a conceptual model for racial matters, including racism, racial identity, race-based

events, and racial trauma. This intermediate workshop addresses useful clinical concepts (e.g., Black negative priming, racial distress cues, racial identity as a dynamic process) and how they can be integrated into emotionally focused therapy (EFT). Case studies and video clips of EFT interventions illustrate the work.

### **LEARNING OBJECTIVES:**

*After completing this workshop, participants will be able to:*

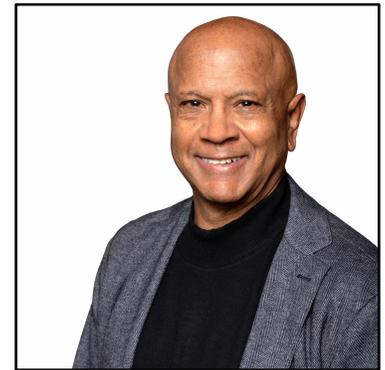
- Discuss three ways in which EFT treatment interventions can be used in working with Black couples in therapy.
- Describe the major concepts of EFT that are associated with positive treatment outcomes.
- Explain how EFT can be used when concepts related to race and cultural matters, including racism, race-based events, racial distress cues, and racial trauma, emerge in therapy.
- Describe culture & EFT interventions for negative couple interactions and the EFT Tango moves with couples.

### **COURSE LEVEL:**

Introductory: This workshop is useful for psychologists new to the field.

### **PRESENTER:**

Dr. Guillory is an Associate Professor at the University of California, Berkeley in the Clinical Science Program, Psychology Department. He has taught courses on Emotionally Focused Therapies at U.C. Berkeley. He is certified trainer, supervisor and therapist of Emotionally Focused Therapy. Dr. Guillory is the author of “Emotionally Focused Therapy with African American Couples: Love Heals,” Routledge, August 2021. He has produced two series of powerful clinical training videos that are grounded in the clinical chapters of Love Heals. He is the former chairperson of the Northern California Community of Emotionally Focused Therapy. Dr. Guillory was the psychological consultant to the Oakland Raiders professional football team and the National Football League for 14 years. He has also been a consultant to the Sacramento Kings professional basketball team, and is a selected provider for the National Basketball Players Association. He served as Director of the Center for Family Counseling in Oakland California for ten years. He is a life-time member of the Association of Black Psychologist. And he is a life-time member of the USA Masters Track & Field Association. He has been in private practice in Oakland California for over 30 years.



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Please contact us in advance if you require special accommodations on the day of the event.

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